



MOUNT COLUMBUS SCHOOL

DAKSHINPURI, NEW DELHI – 62

CLASS: PS1

MONTH: JULY

THEME: RAINY SEASON

GOALS	TOPICS
<u>PHYSICAL DEVELOPMENT</u>	<u>FINE MOTOR</u> ➤ Sorting Activity ➤ Sand tracing ➤ Holding pencils & crayons properly ➤ Tearing and pasting activity ➤ Playdough activity <u>GROSS MOTOR</u> ➤ Dance activity ➤ Exercise ➤ Balance Walk ➤ Jumping Jacks <u>HEALTH AND WELLNESS</u> ➤ Table manners ➤ Wash your hands properly. ➤ Keeping nails short and clean. ➤ Eating fruits and vegetables



SOCIAL-EMOTIONAL & ETHICAL DEVELOPMENT

STORY TELLING

- Lion and the mouse.

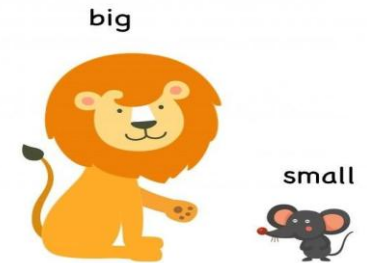
RHYMES

- एक - एक - एक
- प्रार्थना
- I am Special.
- Ten little fingers

COGNITIVE DEVELOPMENT

NUMERACY

- Oral counting 1-10
- Revision of Big and small
- Revision of Circle and Triangle
- Introduction to Full and empty
- Introduction to Square.
- Patterns
- Introduction to number 1-3



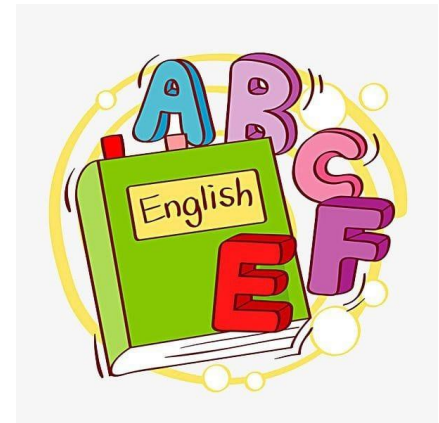
LANGUAGE & LITERACY DEVELOPMENT

LISTENING SKILLS

- General instruction
- A to Z with phonics
- Stories
- Poems

SPEAKING SKILLS

- Myself (My name is ____)
(I am a girl/boy)



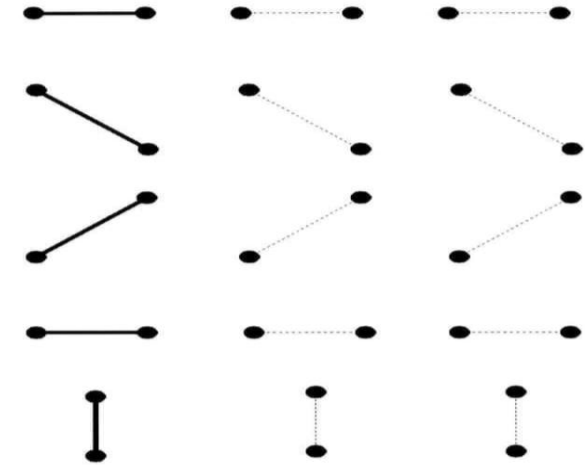
- A to Z with phonics
- Poem Recitation
- Oral- अ से अः

READING SKILLS

- Picture reading
- Vocabulary with letter A-M
- सवर अ से ई

WRITING SKILLS

- Introduction to Aa to Ff



CULTURAL VISUAL & PERFORMING ARTS DEVELOPMENT

ART & CRAFT

- Color the smiley
- Draw or paste the Smilies
- Color the apple
- Color the Ball



VALUES

- Being respectful towards elder
- Cleanliness and Hygiene
- Teamwork



LIFE SKILLS

- Healthy Eating Habits
- Social Skills (Saying thank you, Please and Sorry)

POSITIVE LEARNING HABITS

- Selfcare skills (Brushing, combing, wearing shoes)

GENERAL AWARENESS

- Basic Manners
- Fruits and vegetables
- Good Habits
- Personal Hygiene
- Body Parts

